## IMIA NI NEWSLETTER December 2025

As we approach the end of 2025, it is a time for reflection, gratitude, and anticipation. This year-end newsletter is an opportunity for us to pause and celebrate the incredible work you have accomplished, acknowledge the unique challenges we have faced together as a team, and share our clear, inspiring vision for the technological advancements that will shape our future in 2026. Your collective effort has been the bedrock of our success, and it is a privilege to lead such a dedicated group of professionals.



#### Executive Committee 2025-2029

Chair: Nick Hardiker

Vice-Chair Admin, Membership & Finance: Ulla-Mari Kinnunen

Vice-Chair Advisory Panels: Dawn Dowding

Vice-Chair Communication: Helen Almond



1 - Chair: Nick Hardiker



2 - Vice-Chair Admin, Membership & Finance: Ulla-Mari Kinnunen



3 - Vice-Chair Advisory Panels: Dawn Dowding



4 - Vice-Chair Communication: Helen Almond

Purpose: Guided by its values of inclusivity, ethics, and compassion, IMIA NI advocates for nurses worldwide and collaborates to advance good digital health practices. IMIA NI empowers individuals and communities to use innovative technologies to enhance health, healthcare, and patient outcomes



Earlier this month, Nick Hardiker informed us of his decision to step down from his leadership role as IMIA NI Chair due to health reasons. It is with great sadness that we now acknowledge Nick's passing. We extend our heartfelt condolences to his family, friends, and colleagues.

Nick's leadership, thoughtful collaboration, and steadfast commitment made a profound contribution to strengthening and advancing IMIA NI. His influence, generosity of spirit, and dedication to the field have left a meaningful and lasting legacy that will be remembered with deep respect and gratitude.

On behalf of the entire leadership team, we also extend our sincere thanks and warm holiday wishes to you and your families. We recognise the immense pressures you continue to face—from industry-wide workforce shortages to the ongoing challenges of clinical burnout. Your resilience and unwavering commitment in the midst of these demands are truly inspiring. Every shift you cover, every person you support, and every life you touch directly strengthens our mission and makes a meaningful difference to those who rely on us for care. Thank you for your compassion, professionalism, and the heart you bring to your work.

As we reflect on a year marked by tremendous effort and shared achievement, we look forward with optimism to the year ahead. We invite you to pause and reflect on the milestones of the past year that have laid the foundation for a transformative 2026.

## Spotlight



Vision: Globally nurses are empowered and included to develop and use innovative and effective digital tools and technologies.

#### **IMIA NI End-of-Year Reflection 2025**

As we reach the end of another incredible year, it is a good moment to pause and celebrate what the IMIA Nursing Informatics (NI) community has achieved together in 2025. This has been a year of connection, collaboration, and shared learning across countries, specialties, and practice settings.

At the heart of all this activity is our shared vision:

# Globally, nurses are empowered and included to develop and use innovative and effective digital tools and technologies.

Across the globe, nurses have shown what is possible when they are included in digital health conversations and decision-making. From shaping electronic records and data standards to informing safe use of emerging technologies like artificial intelligence, nurse informaticians continue to demonstrate how digital tools can strengthen person-centred, evidence-based care.acn+2<sup>1</sup>

Some of the things that made this year special include:

- Stronger global connections: Through newsletters, working groups, and international events, IMIA NI has helped nurses share ideas and experiences that travel well beyond local boundaries.
- Active working groups and panels: Our members have contributed through education, governance, and practice advisory panels, helping shape resources, discussions, and priorities for the wider community.
- Advocacy for nursing voices: IMIA NI members have continued to highlight the critical role of nurses in digital transformation, ensuring that digital health strategies, standards, and tools reflect the realities of clinical practice.
- Celebrating innovation and leadership: Around the world, nurses have led and contributed to projects that improve data quality, support safer workflows, and make digital systems work better for both staff and patients.

Looking to 2026, IMIA NI will keep focusing on creating spaces where nurses can connect, share resources, and support each other to grow in digital health and informatics. There is a shared commitment to ensuring that every nurse, in every setting, has the opportunity to participate in designing and using digital tools that truly support care.

Thank you to every member, partner, and friend of IMIA NI for your energy, your ideas, and your generosity in sharing your work this year. Together, this community is not only imagining a future where nurses are fully empowered in digital health—it is actively building it.

#### Winter Wellness: Prioritising Your Health and Wellbeing

The stress of the holiday season, combined with the demands of our work, makes self-care more important than ever. As we care for our community, we must also remember to care for ourselves. Here are a few practical tips for maintaining your physical and mental health during the busy winter months for the northern. hemisphere and summer month in the southern hemisphere.

<sup>&</sup>lt;sup>1</sup>https://www.acn.edu.au/nurseclick/beyond-the-bedside-how-nursing-informatics-assists-the-contemporary-nurse

- Maintain a Consistent Routine: Even amidst holiday festivities, try to maintain a consistent sleep schedule. Adequate rest is vital for both physical and mental health and is one of the best ways to manage stress.
- **Stay Active:** When the weather makes outdoor activity difficult, whether too cold or too warm! indoor workouts are a great option. Regular physical activity is a proven way to boost your mood and enhance your overall well-being.
- Nourish Your Body: Take advantage of seasonal vegetables like sweet potatoes and brussels sprouts, and salads all provide essential nutrients to help you stay healthy during the winter/summer.
- Foster Social Connections: Making time for friends and family is crucial. Social
  connections play a significant role in enhancing mental health and providing a
  support system during stressful times.

As this year comes to a close, we are inspired by the journey we've taken together—from the profound **resilience** you demonstrated in 2025 to the technological **empowerment** we are committed to delivering in 2026. Your dedication is the heart of this organisation, and our primary goal in the new year is to support you with the tools you deserve. We wish you and your loved ones a safe, happy, and restful holiday season. We look forward to achieving great things together in 2026.

## Society Membership



A society member of IMIA NI is an active participant in the International Medical Informatics Association – Nursing Informatics community. Members meet eligibility criteria, engage in the society's activities, and contribute to advancing nursing and health informatics. They benefit from networking, professional development, and opportunities to shape the field, reflecting a commitment to innovation, collaboration, and the mission of IMIA NI.

This is your space to connect with colleagues - In 2026 take the time to introduce yourself and grow your digital health, nursing informatics networks!

## **IMIA NI Advisory Panels**



The IMIA Nursing Informatics (NI) Advisory Panels are part of the International Medical Informatics Association's global initiative to advance nursing and digital health. There are four panels — **Education**, **Governance**, **Practice**, and **Research** — each bringing together international experts to share knowledge, set priorities, and guide innovation in their respective areas. Together, these panels help shape the global direction of nursing informatics and strengthen collaboration across education, practice, policy, and research.

Contribute to the future of nursing informatics through specialised panels

Education Advisory Panel (Chair: Max Topaz)

Governance Advisory Panel (Chairs: Laura-Maria Peltonen, Zerina Lokmic-Tomkins)

Practice Advisory Panel (Chairs: Janette Gogler, Clair Lunt)

Research Advisory Panel (Chairs: Charlene Ronguillo, Aaron Conway)

How to JoinVisit: IMIA NI Advisory Panels and complete the form.<sup>2</sup>

## **Global Nursing Informatics & Digital Health Conferences in 2026**



<sup>&</sup>lt;sup>2</sup>https://imia-medinfo.org/wp/imia-ni-advisory-panel-form/

Please note that some events may have multiple sessions or tracks focusing on different aspects of nursing and healthcare. For detailed information on each conference, including registration, abstract submissions, and specific themes, it's advisable to visit the respective websites.

#### HIMSS26 — HIMSS Global Health Conference & Exhibition

When / Where: 9–12 March 2026 — Las Vegas (HIMSS26).

Why relevant: World's largest health IT conference; strong clinician and nursing informatics content, major industry, policy and implementation streams (useful for leadership, system-level digital health).

**Source:** HIMSS official conference site / HIMSS news. HIMSS Conference<sup>3</sup>

EFMI — Medical Informatics Europe (MIE 2026)

When / Where: 25–28 May 2026 — Genova (Genoa), Italy.

**Why relevant:** EFMI's flagship European medical informatics meeting; includes tracks on education, digital health, AI, interoperability and opportunities relevant to nursing informatics.

Source: EFMI / MIE2026 pages. EFMI MIE2026<sup>4</sup>

AIDH / HIC2026 (Health Informatics Conference)

When / Where: HIC2026 — organised by the Australasian Institute of Digital Health (AIDH). (AIDH events page / HIC page listing and registration information).

**Why relevant:** Australasia's peak digital health conference — strong local relevance for Australian nursing informatics, education, workforce and implementation topics.

**Source:** AIDH (digitalhealth.org.au) event/HIC pages. AIDH<sup>5</sup>

ICN NP/APN Network Conference 2026 (hosted by a university)

When / Where: 14–17 September 2026 — Nashville, Tennessee, USA (hosted by Vanderbilt University School of Nursing; endorsed by ICN NP/APN Network).

**Why relevant:** Although this is the ICN NP/APN network conference (advanced practice nursing focus), it is ICN-affiliated and university-hosted — good for practising nurses and nurse leaders working with informatics in advanced practice settings.

<sup>3</sup>https://www.himssconference.com/

<sup>4</sup>https://mie2026.efmi.org/

<sup>&</sup>lt;sup>5</sup>https://digitalhealth.org.au/

**Source:** ICN event page and the conference site (Vanderbilt host). ICN - International Council of Nurses<sup>6</sup>

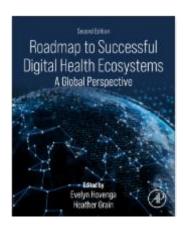
· IMIA (noting 2026 IMIA activity — General Assembly / IAHSI / regional meetings)

When / Where: IMIA lists General Assembly and IAHSI plenary meetings in October 2026 (Buenos Aires) and other IMIA regional events in 2026; MedInfo (IMIA's large congress) is scheduled for 2027

Why relevant: IMIA is the global body for biomedical & health informatics and IMIA-NI is the recognised nursing informatics — IMIA events and working group meetings are the most authoritative places for nursing informatics activity.

**Source:** IMIA NI official site<sup>7</sup> (calendar, MedInfo, IMIA NI pages).

#### Share your news



Congratulations Evelyn and Heather!

Readers, please check out Roadmap to Successful Digital Health Ecosystems: A Global Perspective<sup>8</sup>

Please take time to share your news! Have you got feedback on previous newsletters, stories or events you would like to share? Please contact us and we may feature them in our next editions.

Web https://imia-medinfo.org/wp/sig-ni-nursing-informatics/9

LinkedIn IMIA NI - the global representative body for nursing informatics<sup>10</sup>

<sup>&</sup>lt;sup>6</sup>https://www.icn.ch/events/icn-npapn-network-conference-2026

<sup>&</sup>lt;sup>7</sup>https://imia-medinfo.org/wp/sig-ni-nursing-informatics/

 $<sup>{}^{8}\</sup>underline{\text{https://shop.elsevier.com/books/roadmap-to-successful-digital-health-ecosystems/hovenga/978-0-443-44073-1}$ 

<sup>9</sup>https://imia-medinfo.org/wp/sig-ni-nursing-informatics/

<sup>&</sup>lt;sup>10</sup>https://www.linkedin.com/groups/6716836/